# Pandemic - Coronavirus Essay By: Aarav Raman Gade

In my opinion, this Coronavirus timeline is not a thing to think it's an easy-going Flu. It is a powerful and extreme disease that can kill people. Like one of the most infected countries, the death toll is 77,212 citizens and counting in the U.S.A.

Well right now I am going to tell you how to be cautious and inform you how dangerous it is. Really be aware of this Coronavirus pandemic. One of the many serious consequences this mayhem can cause is severe sickness, breathing difficulties, body weakness and like I stated above, death. So, what is the location where this stress and pandemic began? Well get a healthy snack and sit back and relax! It all started in Wuhan, China, where there lived a pangolin. Wait what is a pangolin? A pangolin is an animal species mainly found in Asia and its scales and meat is used for some medicinal purposes in China. Continuing...surprisingly, those scales of the pangolin had a strong novel virus. Finally, the person who ate it, went to Italy. And infected everybody.

Crazy huh? Are you wondering why the author is not getting to the point? Well thanks for your patience. Also are you pondering, who cares only newborn babies and elderly people get it. Correct, but on an average few school age kids got it too. Scared? Do not worry I would not have said that if there was not a cure! Or let us say Prevention!

- 1.Vegetables every day. Not everybody likes them, but do you want the virus? Yeah guess not. Also, there are some age-old Indian home remedies like drinking ginger juice honey, crushed oregano seeds and turmeric which boost the immunity in all of us, so use them as needed!
- 2. Fruits every day. If you have a blender or Vitamix ask your parents to make fruit juice or if you are older you can make it yourself and have a health boost! Frozen fruit or cut whatever is available. I am saying all this to keep you safe and if you follow my advice it could save your life. And just because there is a stay at home order, does not mean no physical exercises.
- 3. Wash your hands thoroughly and very importantly for 20 seconds not 5,10 or 15 but 20 seconds is the key and if you ask me why that much time then the answer is here ...the lather from soap destroys the outer protein and fat layers of the coronavirus and it takes all of those 20 seconds to make it happen successfully !Do you use disinfectant or sanitizer usually? Great! They both have alcohol in them which destroys the outer layers of the virus just like the soap.

### Reasons and questions

Do you ponder why this lockdown is so necessary?

That is because if we take for example an American airline flying from L.A, California to Chicago, Illinois and 10 people had the virus without knowing it. Fact: if a person gets the virus, symptoms will not show until 14 days. And if 10 people are the source probably in like 2 days the entire airport will get infected. Which is why no passenger planes can depart or arrive like before. Only some international flights are flying on some specific dates to bring back people stranded in other countries back to their home countries.

Just like lockdown, why is quarantine so important? Well how do you get quarantined?

Firstly, if you enter another city state or Country you will be asked first to go to a certain designated area for Quarantines and will be given a room separately, together with friends or family. Chefs will be giving you food and water. You are not allowed to leave your assigned room or else you will be arrested. This time you cannot go directly to your destination point. If you did and there was no quarantine, people with COVID -19 will infect everybody they meet.

### **Social Distancing**

Social distancing is also a very important rule in this era. Why? Well first, social distancing prevents the virus from spreading worldwide. How? Say, for example, in a party of 20 people, 3 people have the virus. And eventually the 3 persons go touch another 3 persons. In total 6 people have the virus and it keeps on increasing. So, if nobody followed social distancing, then a whole other batch of infected people will spread the virus all over the country.

### **Timeline**

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December: COVID-19 started in Wuhan, China

January: Normal

February: Outbreak spreads to Italy and goes to U.S

March: Pandemic in entire world

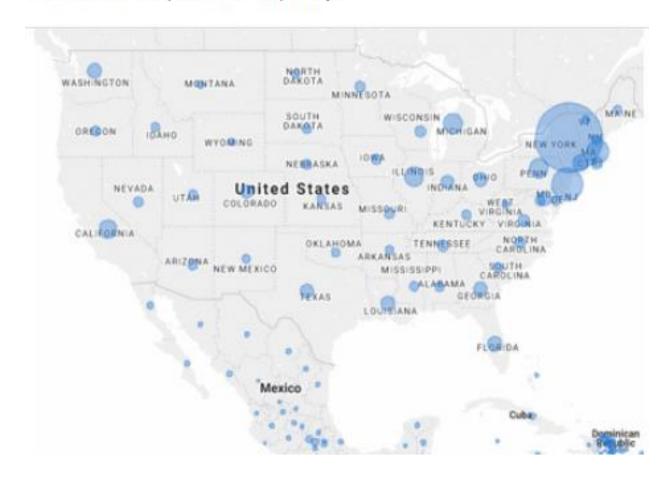
March 1/2: Lockdown and quarantine initiated

April: pandemic continues

April ½: Jacksonville, Florida opens beaches and coastal areas.

Here is a map to give us how and where the coronavirus cases are concentrated in each of the states.

# Coronavirus (COVID-19) map



### **History**

Coronavirus isn't the only virus that struck earth. One of them is called the influenza virus that caused a pandemic in the year 1918 almost 100 years back. It was also called the Spanish Flu and it affected approximately 500 million worldwide.

Viruses, when they are born, they stay forever in the air. Yep, the Influenza or Spanish Flu are ancestors to the Coronavirus. If we know our past very well and know the mistakes, then we will know our future and make very small mistakes.

#### **Extent of the Pandemic**

So how many more people and victims will be affected by the coronavirus. Based on present analysis the virus can kill approximately 3% of those who got the virus

Worldwide coronavirus cases information (May 10, 2020)

Location	Confirmed	Recovered	Deaths
United States	1.35M +25,562	201K	<b>79,773</b> +1,555
Spain	<b>224K</b> +1,887	136K	<b>26,621</b> +143
Italy	<b>218K</b> +1,083	103K	<b>30,395</b> +194
United Kingdom	<b>215K</b> +3,896	-	<b>31,587</b> +0
Russia	<b>210K</b> +10,817	34,306	<b>1,915</b> +104
Germany	<b>172K</b> +1,251	140K	<b>7,549</b> +103
<b>S</b> Brazil	<b>156K</b> +10,611	61,685	<b>10,661</b> +730
France	<b>139K</b> +433	56,038	<b>26,310</b> +80
<b>C∙</b> Turkey	<b>137K</b> +1,546	89,480	<b>3,739</b> +50
<u>•</u> Iran	<b>108K</b> +1,529	86,143	6,640 +48
China	82,901 +14	78,120	4,633

Canada	<b>67,702</b> +1,268	31,249	<b>4,693</b> +124
Peru	<b>65,015</b> +0	20,246	<b>1,814</b> +100
o India	<b>62,939</b> +3,320	19,358	2,109 +95

## **Moving into the Future**

The future acts from what it is past was. Say for example you did not achieve something when you were younger and there was no other time you could do again. Well that means you will get something great in your future. So just like that, this virus can affect us all and has already done so much we have never imagined. It has changed everyone's daily life drastically in every possible way and the future of this Pandemic is still unclear. Currently scientists in many countries are putting in a lot of efforts to develop a vaccine for covid - 19 so that it can prevent this novel virus from getting into our Immunity systems.

To conclude this Essay, I sure hope you got convinced and think "I will stay safe and healthy" and one last question to ask ourselves ...So how will this continue? The answers are there, destiny will not choose negativity. We will find the answer. Two words: Safe and Science